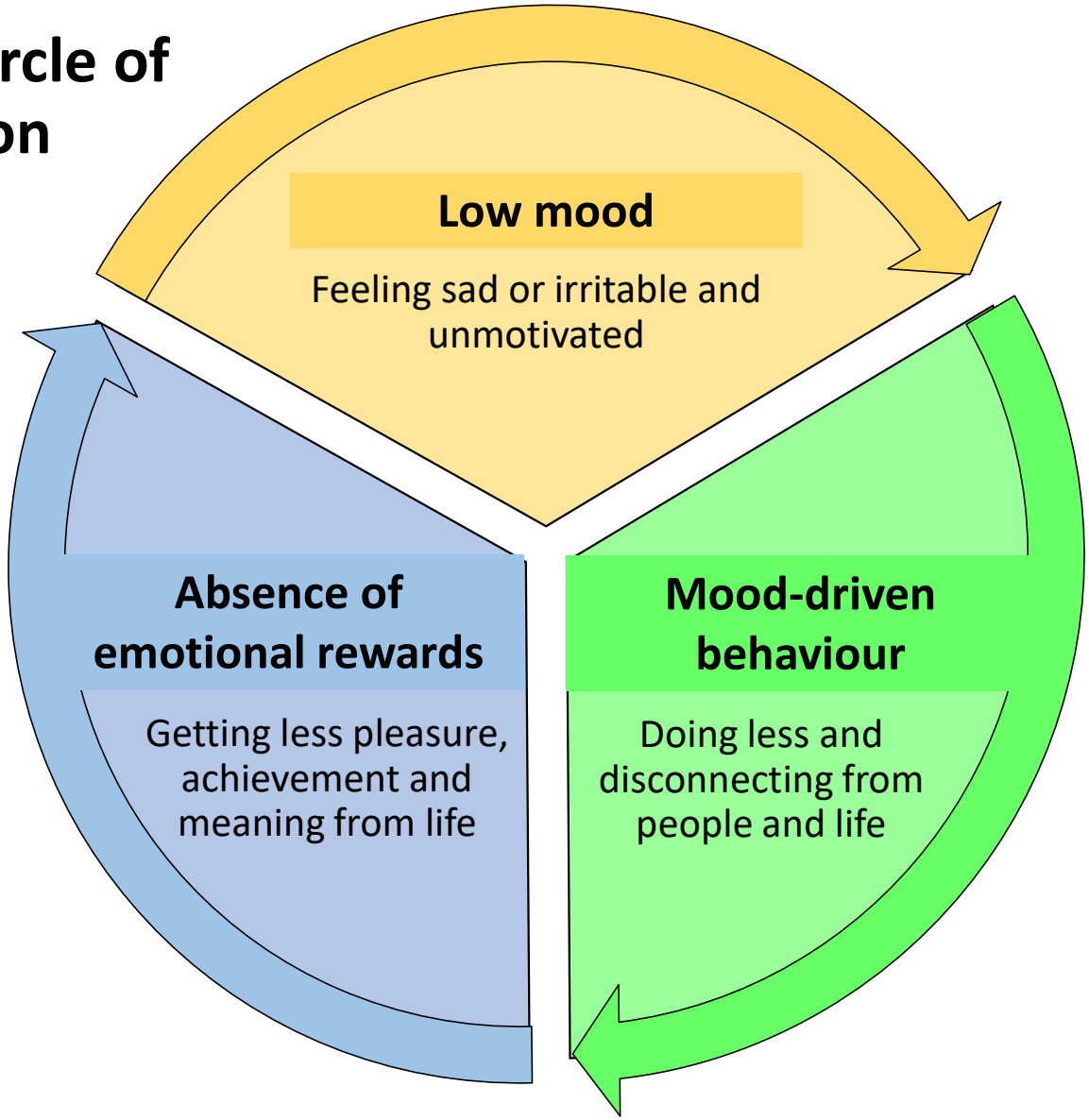The vicious circle of depression