



Centre Connect - June 2023

What's happening?

1. Latest news from the research team

Extending partnerships in Karachi

This month, York based Centre member, Professor Najma Siddiqi travelled to Pakistan to meet with colleagues and explore new healthcare partnerships in Karachi. The visit was hosted by Professor Zainab Samad, Chairwoman of the Department of Medicine at Aga Khan University (AKU) and our Centre for IMPACT Director. Find out more about Najma's trip which included scoping out the potential to expand the Centre for IMPACT's Mental Health theme to include other partners based in Karachi.

News story: [Extending partnerships in Karachi](#)

DiaDeM Community Engagement

The DiaDeM team continues to demonstrate best practice in how to work effectively with the community to inform health research. On the 31st of May, the DiaDeM team in Pakistan hosted their 6th Community Advisory Panel (CAP) meeting at the Institute of Psychiatry, Benazir Bhutto Hospital, Rawalpindi. Find out more about the session and how early career researchers are being supported to lead CAP discussions.

News story: [Community engagement improves outputs](#)

23rd WPA World Congress of Psychiatry, Vienna 2023

Congratulations to all the Centre members who have abstracts accepted for WCP 2023 in September.

Website: wcp-congress.com

2. Welcome aboard

Dr Saima Afaq

Saima has joined the Centre team based in the Department of Health Sciences at the University of York on a Lectureship. Congratulations and we hope you are settling in well.

3. What's new from the community & beyond

Funder news

NIHR are seeking applications to develop and evaluate interventions that focus on early detection, effective treatment, and management of metabolic risk factors for CVD and stroke in primary and community care settings. [RIGHT Call 7](#) opens for applications on 5 July and will close on 11 October.

4. Looking forward

Centre for IMPACT Annual Meeting in York

[The Agenda](#) for the upcoming Annual Meeting in York, which will take place w/c 24th July, is available the meeting will be split across various projects, the first two days related to DiaDeM, IMPACT South Asia, IMPASS and TB Multimorbidity, with the remaining three days focused on the Centre for IMPACT.

Socials

1. Twitter

This month we are celebrating one of the Centre's most active twitter feeds [@Diadem_Pakistan](#) - this account is full of interesting information and pictures about what is happening in the DiaDeM Programme. We recommend following it.

Retweets

Why not retweet some of the recent Centre for IMPACT's tweets [@IMPACT_NIHR](#) or leave us your thoughts as a reply.

Suggested accounts to follow

[@TheLancetEndo](#) The Lancet Diabetes & Endocrinology - Leading source of international, cutting-edge research, review, and opinion in clinical diabetes and endocrinology. IF=44.867. We like this account as there are often useful visual summaries of research.

[@Mental_Elf](#) Follow The Mental Elf to keep up-to-date with the latest reliable #MentalHealth research. The Mental Elf is joining the Centre's July meeting to deliver some training.

Find out more about some of the places Najma visited in Karachi:

[@_sinapk](#) - SINA is a not-for-profit primary healthcare trust having 38 clinic locations in the slums of Karachi.

[@PakistanPill](#) - The mission of Pakistan Institute of Living and Learning (PILL) is to improve the health and well being of people with an emphasis on mental health difficulties

For anyone visiting York for the annual meeting here are some useful twitter accounts to follow whilst you are here:

[@york_travel](#) Official travel feed from [@CityofYork](#), York Travel and Control Centre

[@York_Minster](#) - York Minster, one of the world's most magnificent cathedrals and this account lets you know about any music performances.

[@Welcome2Yorks](#) - For ideas about beautiful places to visit whilst you are in Yorkshire.

2. YouTube - [youtube.com/@Centre4IMPACT](https://www.youtube.com/@Centre4IMPACT)

Watch our content and promote. Please use the YouTube comments feature to share your thoughts.

Upskill

Cochrane Interactive Learning

Developed by world-leading experts, this course provides over 15 hours of self-directed learning on conducting a complete systematic review process for both new and experienced review authors. The [first module](#) is free and a good introduction to conducting systematic reviews.

We have also highlighted the Systematic Review training video series published by the IMPACT team in August 2020 in partnership with Cochrane Mental Health on our YouTube Channel.

View the [playlist](#) - The video on Quality Assessment & Risk of Bias has had over 12K views!

Latest Publications

Worth a look:

Global inequity in diabetes series from the Lancet journals - [Read more](#)

Worth a listen:

In conversation with The Lancet Psychiatry: Rory O'Connor joins Sophia Davis to discuss a paper on the Gone Too Soon project about premature mortality in people with mental illness or mental distress.

The paper authors included IMPACT's Professor Simon Gilbody.

[Listen to the podcast](#) OR [Read the full article](#)

In case you missed them recent publications from Centre colleagues:

- [Read](#) Aatik Arsh's recent paper on *Effectiveness of physical activity in managing co-morbid depression in adults with type 2 diabetes mellitus: A systematic review and meta-analysis*

Have we missed your output? Please share any outputs by 20th July for the July Centre Connect digest by speaking to a KEDI team member OR completing the Centre's dissemination [form](#) OR by emailing Jenny Westad.