Centre Connect

Welcome to the September issue of Centre Connect. We would like to thank Abdul Ahad for guest editing this edition. We also extend our gratitude to our fellow Comms Coordinators for their diligent work in sourcing updates from across the Centre.

We hope you enjoy this month's highlights!

Latest news from the research teams

Appreciation of Field Supervisors' Contribution During the 18-Month Diabetes Intervention Delivery

During the 18-month Intervention Delivery phase at the KMU rural study sites, the Field Supervision Teams played an important role in the successful implementation of project activities at their respective field sites, under the guidance of Prof. Dr. Khalid Rehman and Dr. Inayat Shah.

Throughout the intervention period, the male District Coordinators, Dr. Wali Muhammad and Mr. Aamir Iqbal, and female Field Supervisors, Ms. Gul Ghutai and Ms. Sana Rehman, monitored field activities, supervised and supported field teams, coordinated with Community Mobilizers, followed up on field activities, identified and addressed field-level issues, maintained regular communication with project leads, and prepared and shared field reports and updates.

Their continuous support, coordination, monitoring, and dedication helped ensure that the intervention activities at the KMU rural study sites were carried out

smoothly and according to the project plan. We would like to extend to them both a big thank you and appreciation.

***Peshawar Field Supervision Team*: Dr. Wali Muhammad and Ms. Gul Ghutai**

Dr. Wali Muhammad *Gul Ghutai*

***Swabi Field Supervision Team*: Mr. Aamir Iqbal and Ms. Sana Rehman**

Aamir Iqbal *Sana Rehman*

Appreciation of PLA Group Leaders for Their Contribution During the 18-Month Diabetes Intervention

The final Wider Community Meeting was held in September, marking the completion of the 18-month Intervention Delivery phase. On this occasion, appreciation certificates were distributed to the PLA Group Leaders in recognition of their valuable support and contribution throughout the intervention.

The PLA Group Leaders played an important role in supporting the project activities in their communities. Throughout the 18-month intervention period, they actively participated in PLA meetings, supported Community Mobilizers, encouraged community members to participate in project activities, and helped maintain communication between the project team and the community.

Their continuous cooperation, time, commitment, and support helped the project team conduct the intervention activities smoothly. Their involvement also encouraged community participation and supported the implementation of health-related activities at the community level.

We sincerely appreciate the dedication, cooperation, and valuable contribution of all PLA Group Leaders throughout the 18-month intervention. Their support was an important part of the successful implementation of the project and is deeply valued by the entire project team.

2nd Coalition Meeting in Peshawar Focuses on Community Action for Diabetes Prevention

The 2nd Coalition Meeting for the Prevention and Control of Diabetes in Peshawar was held on 22 September 2026. The meeting brought together members from different institutes to review the progress of the EMPOWER-D project and discuss future community health activities.

The meeting included a presentation on the progress of the EMPOWER-D intervention, assessment activities, and strategies carried out in the community. Participants also discussed the role of Community Engagement and Involvement (CEI) and the importance of continuing health promotion activities in the community.

A key part of the discussion was how to involve more community stakeholders. Participants suggested working with school teachers, religious leaders, and

madrasa representatives to share health messages. The importance of involving women in community activities was also highlighted.

The members also reviewed a research-explaining video and shared suggestions to make it clearer and easier to understand. Suggestions included using simpler language, including women, showing group discussions, and making the video shorter.

As a follow-up, Gul Ghutai and Sana Rehman were assigned to prepare a training manual for religious scholars and education leaders/teachers in October. The coalition also discussed planning a CEI dissemination event and strengthening coordination with community stakeholders.

2nd Coalition Meeting Held in Swabi Focuses on Community Action for Diabetes Prevention

The 2nd Coalition Meeting for the Prevention and Control of Diabetes in Swabi was held on 23 September 2026. The meeting brought together members from different backgrounds to discuss ways to work together for diabetes prevention and control.

Dr. Noor Sanauddin welcomed the participants and explained the purpose of the coalition. The members discussed the increasing burden of diabetes in Pakistan and the main risk factors, including unhealthy diet, lack of physical activity, and delayed testing.

The upcoming Endline Survey was also discussed. Community members will receive free blood sugar and HbA1c tests during the survey. The testing will help people know their blood sugar levels and help the project understand the health status of the community.

A local success story was also shared about a man who improved his diabetes through regular exercise and healthy lifestyle changes. His blood sugar is now controlled without medicine. The story encouraged the members to promote physical activity in the community.

Participants also suggested holding diabetes awareness sessions in hujras and schools and teaching children about healthy habits.

The meeting ended with a friendly volleyball match between the Peshawar and Swabi teams. The Peshawar team won the match, and trophies were distributed to the winning players.

Process Evaluation Team Qualitative Data Collection – Diabetes Rural Site

The Process Evaluation Team conducted 2 in-depth interviews (IDIs) with Field Supervisors and 6 IDIs with Community Stakeholders to gather insights into the implementation of the EMPOWER-D intervention.

Endline Assessment Initiated at the Rural Site (KMU)

The endline assessment has started at the rural site (KMU). The field team has been trained in line listing and will carry out line-listing activities in October in both districts, Peshawar and Swabi.

CVD Theme activities in September

Strengthening Frontline Healthcare Capacity

Training was delivered to Mid-Level healthcare Providers (MLPs) to refresh their knowledge, strengthen their practical skills, and enhance their confidence in delivering essential hypertension prevention and management services. The session focused on reinforcing key competencies in blood pressure screening, appropriate referral pathways, and community-based health education. By investing in the continuous capacity building of frontline health workers, the training contributes to strengthening early detection, timely referral, and quality of care for hypertension at the community level.

Recognising Commitment and Excellence

Appreciation ceremonies were held to recognise and celebrate the dedication and contributions of frontline healthcare teams. The initiative aimed to acknowledge their

continued efforts, encourage sustained engagement, and motivate teams to strengthen the delivery of quality healthcare services within their communities.

Strengthening Quality Through Field Monitoring

Regular field monitoring visits are conducted by field supervisors and research associates to support the quality and integrity of the MCHI CVD trial. Through visits to participating households and interactions with participants and data collection teams, supervisors review field activities, verify data collection practices, and provide ongoing guidance to ensure that study procedures are implemented consistently and in accordance with the research protocol. These efforts help maintain data quality, protocol adherence, and the overall fidelity of the study.

Assessing Health Facility Readiness

Health facility assessments are being conducted across Basic Health Units (BHUs) in two study districts to assess the availability and readiness of essential healthcare services and resources, including medicines and hypertension-related care. The

team also reviews patient pathways and participant flow to better understand how individuals move through the health system and identify opportunities to strengthen continuity and quality of care.

Diabetes: From Participation to Community Ownership: EMPOWER-D's Final Group Meetings-HPF

As the EMPOWER-D community meetings came to a close, the project took an important step towards community ownership and sustainability. Meeting 17 was conducted with both male and female groups across the intervention blocks, focusing on preparing for the upcoming wider community meeting and discussing how the strategies developed during the intervention could continue beyond the project.

The meeting was also an opportunity to reflect on the journey of the participants. Over the course of the intervention, community members had discussed diabetes prevention and management, healthy eating, physical activity, stress management, care-seeking, tobacco use, and mobile phone use. They developed practical strategies and tasks to incorporate healthier behaviours into their daily lives and later evaluated their experiences and progress.

A particularly encouraging aspect of the final meetings was the strong sense of connection and ownership developed among participants. Many participants expressed sadness that the regular meetings were ending and requested that the sessions continue. This was a significant change from the early meetings, when some participants had been hesitant to participate. By the end of the intervention, participants were not only engaged in the discussions but were also willing to take responsibility for continuing health-related activities within their communities.

During Meeting 17, participants discussed how they could continue organizing meetings, support one another, and share the knowledge they had gained with friends, family, and neighbours. They were encouraged to identify influential

community members who could contribute to sustaining local activities and were involved in planning the upcoming wider community meeting.

Participants were also encouraged to contribute actively to the wider event through personal experiences, presentations, poems, and other creative activities. This approach aimed to ensure that the wider meeting would be by the community, for the community, rather than simply another project-led activity.

The final meeting therefore marked more than the end of a series of group sessions. It represented a transition from project-supported participation to community-led ownership, with participants equipped to carry forward the health messages, strategies, and collective learning developed through EMPOWER-D.

As the groups prepare to come together for the wider community meeting, the project team looks forward to celebrating their achievements and supporting them as they take the next step towards sustaining healthier communities.

17th Intervention Meeting- Health Promotion Foundation.

Wider Community Meeting Marks the End of the 18-Month Intervention Journey

As EMPOWER-D moved towards the close of its project journey, a Wider Community Meeting was held towards the end of August to bring together community members, reflect on the progress made, and look towards sustaining the positive changes created through the project. The meeting was held on the same day and at the same venue for both men and women, with separate halls arranged for each group.

The gathering began with the recitation of the Holy Quran by community members, setting a meaningful and reflective tone for the day. The involvement of community members in organising the event was itself a reflection of the ownership and confidence that had developed over the course of the project. From supporting the arrangements to participating in different segments of the programme, many members played an active role in making the meeting possible.

Following the recitation, Ms. Rubia Zafar, Manager of the Trial, shared a few words with the community. The project team then briefly addressed the participants before the main proceedings began.

One of the memorable moments of the meeting was a special poem prepared and recited by a community member. The poem captured the spirit of the EMPOWER-D journey and the relationship that had developed between the community and the project team. A video highlighting the community's progress and journey throughout the project was also shown, allowing participants to look back at the activities, interactions, and milestones they had experienced together.

Community Members Contributing in the Wider Meeting- attendance, soundboard, reciting a poem and more.

The central part of the meeting was a reflection and sharing session, where community members were invited to speak about their experiences throughout the project. Participants expressed deep appreciation for the efforts of the project team and shared their sadness that a journey they had come to value was nearing its end.

Many community members spoke about the changes they had made in their everyday lives. They described becoming more conscious of their health, improving their habits, and making efforts to adopt healthier lifestyles. For many, the meetings had also become much more than a space for receiving information. Participants shared how the sessions gave them an opportunity to interact with others, discuss their concerns, and manage stress. The sense of connection and support developed through the meetings emerged as an important part of their experience.

Among the men, a noticeable reduction in tobacco use was also highlighted as one of the positive changes observed during the project. Such reflections demonstrated how the discussions and activities had translated into changes beyond the meeting space and into participants' daily lives.

The meeting then moved into a Sustainability and Community Ownership Activity. Participants were asked to think about how they could continue the meetings and sustain the positive practices and efforts developed during the project. They wrote

their ideas, suggestions, and commitments on sticky notes and placed them on posters displayed at two locations within each hall. The activity encouraged participants to think beyond the formal end of the project and consider how they could continue supporting one another and maintaining the changes they had worked towards.

Sustainability Activity in the Wider Meeting

A small appreciation ceremony followed, where certificates were presented to prominent community members, hosts, helpers, and others who had made valuable contributions to the project. The ceremony recognised the important role played by community members in facilitating activities and supporting the project throughout its implementation.

Wider Meeting- Certificate Distribution to Prominent Members of the Meetings

The meeting concluded with an encouragement to participants to continue these gatherings, support one another, and carry forward the healthier practices developed during the EMPOWER-D journey.

The Wider Community Meeting was therefore more than a closing event. It was a celebration of participation, progress, and community ownership. As the formal project journey comes to an end, the reflections shared during the meeting offered a hopeful reminder that the relationships, knowledge, healthier habits, and sense of collective responsibility developed through EMPOWER-D can continue to grow within the community.

The project may be coming to an end, but the journey towards healthier communities continues.

Dr. Hannah Visits the EMPOWER-D Community in Karachi

As EMPOWER-D progressed towards the later stages of its implementation in Karachi, the team had the opportunity to welcome Dr. Hannah Jennings, University of York, for a visit to the project site. The visit provided an opportunity to observe the work being carried out with communities, meet participants who had been actively involved in the intervention, and hear directly from them about their experiences.

During her visit, Dr. Hannah, accompanied by the EMPOWER-D team, visited the intervention blocks where the project had been implemented. She met with several community members who had participated in the regular meetings and activities throughout the project. She engaged directly with participants, asking about their experiences, what they had gained from the meetings, and how they envisioned continuing the practices developed through the project.

A particularly encouraging aspect of these conversations was the community's willingness to continue the meetings beyond the formal project period. Many participants expressed a desire to remain connected and carry forward the activities and discussions they had become part of. Their responses reflected a growing sense of ownership and demonstrated that the relationships and networks developed during the intervention had become meaningful to the community.

Dr. Hannah was also shown the venue where the Wider Community Meeting had recently taken place. The meeting had brought together community members to reflect on their EMPOWER-D journey, recognise the progress made, and discuss how they could carry forward what they had learned. Seeing the space where these conversations had taken place provided an opportunity to connect the project's activities with the experiences shared by community members during her visit.

Another important stop was the community park development initiative. The space had existed previously but was underutilised and not in a condition that allowed the community to make meaningful use of it. Community members had begun working to transform it into a more functional and usable space for the neighbourhood. Dr. Hannah was able to see the progress made so far and observe how the community was gradually improving an existing shared space through collective effort.

The park initiative offered a tangible example of community action extending beyond the project's regular meetings. It demonstrated how community members

could identify needs within their surroundings and work together towards practical improvements that benefit the wider neighbourhood.

In addition to meeting community members, Dr. Hannah met the team members involved in the project and discussed their experiences and ongoing work. She also met the newly recruited team members who will be supporting the upcoming assessment, providing an opportunity to connect with the team as preparations move into this next phase.

Dr. Hannah's Visit to Urban EMPOWER-D Team

Community Takes the Lead: Continuing the EMPOWER-D Journey

Following the Wider Community Meeting, one of the communities took an important step towards carrying forward the efforts and progress made throughout the EMPOWER-D intervention.

A community-led meeting was organised by a community member, with support from other members of the block. The meeting provided an opportunity for participants to come together independently and continue the conversations that had become an important part of their EMPOWER-D journey.

The meeting focused on health and fitness, with participants discussing the progress they had made so far and how they could maintain and build upon their healthier habits. The discussion highlighted the community's willingness to take ownership of the positive changes encouraged through the project.

At the end of the meeting, participants collectively committed to meeting again the following month, marking an encouraging step towards sustaining these efforts beyond the formal project period.

This community-led initiative is a meaningful reflection of the ownership and confidence developed through EMPOWER-D—showing that when communities are empowered to lead, the journey can continue even beyond the project itself.

Meeting Held at a Participant's House After the Completion of Intervention Meetings

EMPOWER-D Endline Assessment Begins

On 23 September, the EMPOWER-D team officially began the Endline Assessment, marking the end of the intervention and an important milestone in the project journey.

The first phase of the assessment, line listing, is now well underway and progressing very smoothly. The field teams have been working across the assessment blocks to identify and list eligible households, laying the groundwork for the main assessment.

The positive progress during this initial phase reflects the commitment and efforts of the field teams, supervisors, and community members supporting the assessment process.

Once line listing is completed, the team will move on to the main assessment, which will include the completion of the Case Report Form (CRF), blood tests, anthropometric measurements, and other relevant health assessments.

With the first phase off to a strong start, the EMPOWER-D team looks forward to successfully completing the endline assessment and capturing the progress made throughout the project.

Endline Assessment Begins in Urban Site- Entering Phase 1- Line Listing

PM+ Group Supervision Sessions in Afghanistan: Strengthening Community-Based Mental Health Support

During September, seven PM+ group supervision sessions were conducted in Herat province, including six with female Community Health Workers (CHWs) and one with male CHWs as part of the PM+ programme. These sessions provided CHWs with opportunities to share experiences, discuss challenges, strengthen their skills, and receive guidance on delivering Problem Management Plus (PM+) services.

Investing in Research Capacity Strengthening

As part of ongoing Research Capacity Strengthening (RCS) efforts, HealthNet TPO colleagues continued to engage in several learning and professional development opportunities supported through the Centre for IMPACT.

During September, five HealthNet TPO staff, including three colleagues from the Research Department, completed a Community-Based Participatory Research (CBPR) course funded by the Centre for IMPACT. The course provided an opportunity to strengthen understanding of participatory approaches and the meaningful involvement of communities in research.

And with the support of the Centre for IMPACT's 2026 bursaries, HealthNet TPO staff are strengthening their capacity in implementation science and public mental health. Three research team members, Abdul Ahad Sultani, Amena Haidari and Ajmal Shirzad, are undertaking the Fundamentals of Implementation Science

course at the Liverpool School of Tropical Medicine, while Ajmal Shirzad, Amena Haidari and Sharifa Mohammadi are undertaking the Diploma in Public Mental Health at the Health Services Academy.

Together, these opportunities are strengthening staff capacity across participatory research, implementation science and public mental health, supporting the broader aim of building sustainable research skills within HealthNet TPO and strengthening evidence-informed mental health programming in Afghanistan.

PM+ Afghanistan Abstract Selected for NIHR CEI Showcase

We are delighted to share that the PM+ Afghanistan team's abstract, "Tracking a Community Engagement Pathway from Lived Experience to Decision-making: Lessons from Mental Health Implementation Research in Afghanistan," has been selected for presentation at the NIHR Community Engagement and Involvement (CEI) Showcase on 19 November 2026.

The abstract highlights learning from the PM+ programme's community engagement journey and how people with lived experience, community representatives, and other stakeholders have contributed to research and implementation decisions. The presentation will provide an opportunity to share this experience with a wider audience, contribute to knowledge exchange across the Centre for IMPACT, and increase the visibility of community-engaged mental health implementation research from Afghanistan.

Endline Assessment in Afghanistan Has Begun

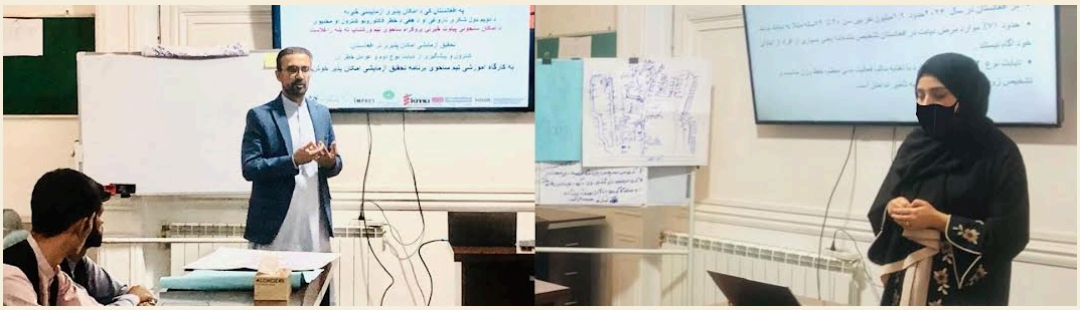
Biosafety Training at FMIC Kabul

Relevant endline staff completed biosafety training at FMIC Hospital, delivered by specialist staff from FMIC, before the start of blood sample collection. The training covered safe phlebotomy practices, handling and transportation of biological samples, use of personal protective equipment, sharps management, infection prevention, and appropriate procedures for maintaining biosafety during fieldwork. The training strengthened staff preparedness for the safe collection, handling, and transportation of blood samples during the endline assessment.

Staff Training for the Endline Assessment in Afghanistan

Training was conducted for the endline assessment team in Afghanistan. The training strengthened staff capacity on the study protocol, endline assessment

procedures, use of data collection tools, participant identification and follow-up, anthropometric measurements, and field-level quality assurance. The trained staff subsequently supported the preparation and implementation of the endline field activities.



Household Line Listing Completed

The research team completed the household line listing in the study villages in Afghanistan from 20 to 28 September 2026 as a key preparatory activity for the endline assessment. The process involved identifying and verifying households and household members and updating information required to determine eligible participants for follow-up.

The completed line listing provided the field team with an updated basis for participant identification and follow-up during endline data collection. The information was also linked with the electronic data collection system to facilitate household searches using household IDs and participant information and to support accurate and efficient fieldwork.

Qualitative Data Collection with PLA Participants, Non-PLA, Community Members and Implementation Staff in Afghanistan

As part of the EMPOWER-D assessment in Afghanistan, qualitative data collection was conducted through focus group discussions (FGDs) and in-depth interviews (IDIs) with PLA and non-PLA community members, as well as key community stakeholders and implementation staff. The FGDs explored participants'

experiences and perceptions of the PLA approach, including perceived benefits and challenges, factors influencing participation and engagement, changes in knowledge and practices, and views on the acceptability and relevance of PLA activities within the community.

IDIs were conducted with community stakeholders, PLA supervisors, and community mobilisers to obtain detailed perspectives on the implementation of PLA activities. The interviews explored experiences with community mobilisation and engagement, facilitators and barriers to implementation, participant participation, gender-related considerations, challenges encountered during implementation, and recommendations for improving and sustaining the PLA approach.

Good Clinical Practice Training Completed by New Staff in Afghanistan

Newly recruited staff in Afghanistan completed the Good Clinical Practice (GCP) training as part of their preparation for the EMPOWER-D endline assessment. The training strengthened staff understanding of ethical research conduct, participant rights and safety, informed consent, protocol compliance, accurate documentation, confidentiality, and quality standards for clinical research. This training helped ensure that the new team members were adequately prepared to support the endline assessment in accordance with the study protocol and research standards.

META-SMI Second Trial Site Visit and Setup in Peshawar

The META-SMI trail team from the Institute of Psychiatry conducted a visit to Peshawar to support the establishment of the trial site at the Peshawar Institute of Cardiology (PIC), which is affiliated with Khyber Medical University (KMU). The visit focused on site setup, coordination with the local team, and discussion of the operational arrangements required to initiate trial activities.

During the visit, the team also met with the leadership of the PIC to discuss the trial and facilitate the necessary arrangements for its implementation. PIC is a DRAP-approved site, providing an appropriate setting for the conduct of the META-SMI Trial.

The visit marks an important milestone in strengthening the trial's presence in Peshawar and expanding recruitment across the region. With the site preparations underway, recruitment at PIC is expected to commence shortly.

Training of the Peshawar META Trial Team

Ongoing training sessions are being arranged for the Peshawar META-SMI Trial team to prepare staff to implement trial activities at the new site. The training sessions cover key aspects of the study, including the trial protocol, study procedures, participant screening and recruitment, informed consent, data collection, safety and adverse event reporting, and the roles and responsibilities of different team members.

These sessions also provide practical guidance on the implementation of trial procedures to ensure that staff are familiar with the required processes before recruitment begins. The training aims to build the capacity and confidence of the local team, strengthen coordination between team members, and ensure that all trial activities are conducted consistently with the study protocol, regulatory requirements, and established quality standards. This preparation will support a smooth transition to site activation and the commencement of participant recruitment in Peshawar.

META-SMI Third Community Advisory Panel (CAP) Meeting

The META-SMI Trial team also held its third Community Advisory Panel (CAP) meeting on 19 September 2026, bringing together community representatives to provide their perspectives on the ongoing trial. The meeting provided an opportunity to share updates on trial progress, review ongoing activities, and discuss experiences and challenges emerging during implementation.

The discussions focused on issues relevant to participant engagement, recruitment, retention, communication, and the overall delivery of the trial. CAP members shared valuable feedback and suggestions on how the trial team can strengthen communication with participants and ensure that community perspectives remain central to the study. The meeting also provided an important platform for continued dialogue between the trial team and community representatives, supporting the relevance, acceptability, and successful implementation of the META-SMI Trial.

C4I community news

New Professional Milestone

Congratulations to Dr Amber Tahir, Research Specialist & Behaviour Consultant, on successfully completing her Fellowship of the College of Physicians and Surgeons Pakistan (FCPS) in Psychiatry, awarded by the College of Physicians and Surgeons Pakistan (CPSP). Amber works on the Urban Feasibility Trial in the EMPOWER-D project.

This achievement complements Amber’s work across mental health, behavioural science, public health and implementation research, and reflects the valuable intersection of clinical expertise and population health research within the Centre.

Congratulations, Amber, on this fantastic achievement!

Dr Amber Tahir

Prizewinning PGR!

Congratulations to Dr Aqsa Shafique, who won a prize for her flash talk at the Department of Health Sciences Research Showcase on Wednesday 9th September 2026. Speaking about her PGR experience, Dr Aqsa gave a visual demonstration of the many hats needed for coordinating an adolescent health study across nine cities in Pakistan, from Peshawar to Badin: researcher, listener, learner, planner, trainer, field coordinator, monitor and evaluator. The flash talk showed why wearing them well matters as much as the protocol itself.

Well done, Aqsa!

Looking forward

NIHR Community Engagement and Involvement Showcase

Join the online NIHR Community Engagement and Involvement (CEI) Showcase to explore how community engagement can strengthen sustainable change and connect research with policy.

The PM+ Afghanistan team will present “Tracking a Community Engagement Pathway from Lived Experience to Decision-making: Lessons from Mental Health Implementation Research in Afghanistan.” Colleagues are warmly invited to attend and join the discussion.

Date: Thursday 19 November 2026
Time: 11:00–14:00 UK / 15:30–18:30 Afghanistan / 16:00–19:00 Pakistan
Location: Online- Register here before 18 November 2026.

Socials

Social Media Round-Up

This month on Social Media we’ve been celebrating the work of our MCHI team, the influence of the EMPOWER-D project in Peshawar, and stories from Rabeya Tariq and Hassan Raza Ali on the PM+ Pakistan journey. It was also heartening to see these words from an attendee of the PM+ training, and the positive reactions of psychiatrists across the globe at the 26th WPA World Congress of Psychiatry in Stockholm.

We also heard from Dr Zeerak Jarrar on the legacy of the MCHI training package, Hasina Zeb on the impact of her Centre for IMPACT bursary, celebrated this recent publication from Centre colleagues, and congratulated Centre for IMPACT PhD candidate Dr Aqsa Shafique on her prize-winning flashtalk at the University of York Department of Health Sciences Research Showcase.

September 29th was also World Heart Day, and we shared some advice from Prof. Zainab.

Don't forget to connect on LinkedIn: Centre for IMPACT and follow us on Instagram: @impact_nihr.

Opportunities

Cochrane Interactive Learning

A subscription to an online learning portal: Cochrane Interactive Learning is free for people in Research4Life Group A & B countries, which includes Pakistan (Group B), Afghanistan (Group A) and Bangladesh (Group A).

Latest Outputs from colleagues

You can find all the publications and outputs from the Centre for IMPACT on our website → including all our study protocols:

https://www.impactsouthasia.com/outputs/

- Metabolic health in severe mental illness: bridging the mortality gap – a narrative review [journal article]
- When 'We're Not Alone' Became the Biggest Learning Outcome [website story]
- The Ripple Effect of IMPACT: One Training Package, Wider Reach [website story]
- EMCR Spotlight: Building Research Skills with the Centre for IMPACT [website story]
- From Motivation to Community Action: A Community-Led Step Towards Diabetes Prevention [website story]
- Access Shouldn't Wait for the Perfect Path: Inside the 9th PM+ Training of Trainers in Quetta [website story]

Don't forget, publication is only the beginning!
Check out the Communications website for all things dissemination and impact, including full guidance on using the Brand Guidelines: https://sites.google.com/york.ac.uk/centre-for-impact-comms/

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